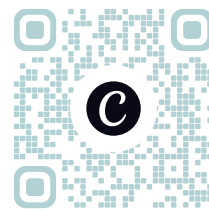


MIDLIFE, MENOPAUSE, AND BONE HEALTH: TAKE CONTROL

Menopause can change your bones—but it doesn't have to define your future. Join leading experts from the [American Society for Bone and Mineral Research](#) for a free, informative conversation and tips to help you stay strong, active, and confident through menopause and beyond.



**An Owner's Manual for the Skeleton:
Protecting Your Bones Through Movement, Medicine,
and Menopause**

Saturday, October 10 | 4:30 - 7:00 p.m.

John B. Hynes Convention Center in Boston

FREE REGISTRATION